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Chelsea District Library Receives Grant from Chelsea-Area Wellness Foundation for Community Read

Chelsea, Michigan | August 08, 2011 — Chelsea District Library today announced a partnership with Chelsea-Area Wellness Foundation to support Chelsea Reads Together, a month-long community read taking place in October. The community will be reading *The Blue Zones* by Dan Buettner and the grant will help support events, and provide books and other supplies needed to promote health and wellness throughout the community.

“This partnership and the financial support of the Chelsea Area Wellness Foundation is making it possible to take Chelsea Reads Together to the next level, bringing in nationally-known speakers and distributing over 400 copies of *The Blue Zones* throughout Chelsea,” said Sara Wedell, Head of Adult Services at Chelsea District Library.

This grant is part of ongoing efforts by the Chelsea-Area Wellness Foundation to address health related needs in their service area: Chelsea, Dexter, Grass Lake, Manchester and Stockbridge.

“The Chelsea-Area Wellness Foundation is thrilled that Chelsea Reads Together is featuring a book spotlighting longevity and wellness. We are honored to be working with a great institution and are excited about creating a culture of wellness in the community,” said Patrick Conlin, Chair of the Chelsea-Area Wellness Foundation Grant Committee.

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Chelsea Reads Together is a partnership between Chelsea District Library, Chelsea-Area Wellness Foundation and Chelsea School District focused on creating a community read where an entire community reads one book and comes together to discuss and engage in activities inspired by the themes of the book. *The Blue Zones* is about healthy habits for living longer, happy lives. The goal of Chelsea Reads Together is to support wellness by encouraging the community to connect with the message of healthy living explored by *The Blue Zones* and to establish greater awareness within our community of what it means to live well.

For more information about Chelsea Reads Together, visit www.chelseareadstogether.wordpress.com.

About Chelsea District Library

The Chelsea District Library is nonprofit organization whose mission is to provide equal access to quality resources that serve the lifelong cultural, educational and informational needs and interests of all people. The Library currently serves 14,000 residents in the Chelsea district – City of Chelsea plus Dexter, Lima , Lyndon and Sylvan townships and more than 20,000 individuals visit the Library each month. The Library's state-of-the-art facility is an access point for information including: books, periodicals, DVDs, CDs, audiobooks, downloadable e-books, subscription databases as well as access to the Internet. In addition to providing dynamic services to complement and support local schools and other important community needs, the Chelsea District Library strives to present timely, interesting and high-quality programs and events to engage and enrich the Chelsea community. For more information, visit www.chelsea.lib.mi.us.

About Chelsea-Area Wellness Foundation

The Chelsea-Area Wellness Foundation services over 55,000 people in its service area: Chelsea, Dexter, Grass Lake, Manchester and Stockbridge. Its vision is dedicated to making these communities the healthiest in the Midwest. Together, we will accomplish this by choosing to eat better, move more, avoid unhealthy substances, and connect with others in healthy ways. For more information about the foundation and the 5 Healthy Towns Project, please visit www.5healthytowns.org.

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